



## 2010 SPRING AFTER-SCHOOL CLINICS

At Howard Park Tennis Club, we use "progressive tennis" methods for the junior programs. Our certified coaches have been trained to implement the latest training techniques from Tennis Canada and the International Tennis Federation, and to use the best equipment to teach the children. For more information on progressive tennis, please see Howard Park, Tennis Canada or the ITF websites.

### **TINY TOTS**

A fun-filled class to introduce racquet skills and coordination to children **4 to 5 years** of age. 19" to 21" racquets, foam balls and a mini net will be used for this class. Parents are encouraged to join in and help!

Mondays and/or Wednesdays from 4 to 4:55 p.m.

### **FIRST SERVE**

An introduction to or continuation of fundamental skills for children aged **6 to 7 years**. 21" to 23" racquets, foam and/or "red" balls and mini net will be used in this class.

Mondays and/or Wednesdays from 4 to 4:55 p.m.

### **LOBBERS**

Fun-filled games and training the fundamentals for children aged **8 to 10 years**. **23" to 25"** racquets, stage 2 balls (low compression) and an 18m court will be used in this class.

Mondays and/or Wednesdays from 4 to 4:55 p.m. or 5 to 5:55 p.m.

### **SMASHERS**

Fun, exercise and training the basic skills of tennis for kids from **10 to 12 years** of age. 23" to 26" racquets, stage 3 balls (low compression) and a full-sized court will be used in this class.

Mondays and/or Wednesdays from 5 to 5:55 p.m.

### **TEEN TENNIS**

Fun, exercise and training the basic skills of tennis for teens from **13 to 18 years**.

Mondays and/or Wednesdays from 5 to 5:55 p.m.

**DATES:** **Session 1** - April 19 to May 19 (**Please note:** No class on Victoria Day, May 24)  
**Session 2** - May 26 to June 28

**COST:** **1 Session** - \$65 1 day/week and \$120 for 2 days/week or  
**2 Sessions** - \$120 1 day/week or \$220 2 days/week (please add 5% GST)

### **WHAT YOU NEED TO BRING TO LESSONS**

Please bring tennis shoes and clothes (layers if weather is cool), a racquet, water bottle, sun block and hat (if sunny). **We have a number of racquets available to loan.**

**CLASSES RUN RAIN OR SHINE. IN THE EVENT OF RAIN, CLASSES WILL BE HELD IN THE CLUBHOUSE.** Coaches will keep the kids busy with activities such as games, exercises, learning about rules, etiquette, etc. To enhance on-court lessons, coaches may also play videos for the kids.

**To register or for more information, contact our Junior Program Director, Adam Petrycki, at: [lessons@howardparktennis.com](mailto:lessons@howardparktennis.com) or 416-995-2237**

A **special discount on tennis equipment** is available for students at:  
**Game Set Match Tennis Boutique** located at 782 Annette Street (416-760-0999)